



# THE HONEY BEE

NEWS AT HERITAGE HOUSE

SEPTEMBER 2025 [WWW.HERITAGEHOUSES.B.COM](http://WWW.HERITAGEHOUSES.B.COM)

HAPPY LABOR DAY!



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## happenings

### Aloha from Kauai!

This summer has come and gone.... With all that has been going on at the house and continuing to adjust and support our activities program, I took a little time off so I could enjoy the last days of summer with my two youngest, **Bella and Benjamin**. After talking and thinking of many suggestions on where to go, **we all decided for a quick getaway to Hawaii's first island ever created, Kauai!**



This place is simply incredible, so peaceful, with breathtaking views, sunsets and sunrises, challenging and adventurous hikes with the most incredible waterfalls in the world. So worth the travel time.

Although I never really disconnect from my obligations at HH, it is wonderful to be able to count on an incredible team that will support me so one can take a little break.



On a side note, Benjamin is about to start his sophomore year at Laguna. Early in the summer he was recruited and decided to join the football team and has been conditioning this break, getting ready for his upcoming football games. Aside from football practice, he also decided to take a geometry class this summer to help sharpen his math skills and attend a Leadership sum-

(cont. on page 2)



## happenings (cont. from front cover)



mer camp. With football practices, geometry class (which he aced by the way), leadership camp, and receiving honor roll at Laguna for his great academic achievements, you can say that I am a proud momma. **For all of his hard work, we decided to reward him with a well-earned vacation with one of his good friends before he officially started school.**

So here we are, enjoying the last of these hot summer days.

I've included some fun pictures to share....Enjoy.

**Mahalo!**

**Alejandra Nunez, Executive Director**





## happenings (cont. from page 2)

A warm Heritage House welcome to our new Resident, **Joy Walker**



In loving memory of  
**Phyllis Overeem**



## September Events/Announcements:

### Bill's Grill:

Don't forget to join Bill's Grill this month on **September 19<sup>th</sup>** at 5:00 PM.  
Please call Sara to RSVP.



### FLU & COVID-19 Vaccine Clinic Coming Up Soon

Gentle reminder, our next **Flu and COVID-19 clinic** will be administered at Heritage House by Safety Pharmacy on:

- Flu Vaccine: Monday 9.15.25 between 10AM – 12PM
- COVID-19: Monday 9.22.25 between 10AM – 12PM

If you are interested in your loved one receiving any of these vaccines, please contact Sara Hernandez, our Business Manager to obtain a consent form.  
Consent forms are required for each vaccine.



FLU and COVID-19 vaccines may be administered at the discretion and intervals determined by your health care provider.

**As the flu season approaches, HH staff will resume the use of surgical masks effective Monday, Sept. 15th.**

We invite all family and friends to do the same. Let's keep our residents safe.

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## Employee Highlights

Please join us in congratulating  
**Patrice Gaetano, Receptionist**  
on her 23rd year anniversary



Please join us in congratulating  
**Fidel Castillo, Med-Tech/Caregiver,**  
on his 7th year anniversary



Please join us in congratulating  
**Angelica Castorena, Housekeeping,**  
on her 16th year anniversary



Please join us in congratulating  
**Alexander Benavides, Caregiver,**  
on his 3rd year anniversary



Please join us in congratulating  
**Modesta Castro, Caregiver**  
on her 10th year anniversary



*congratulations*



## resident article jerry henas

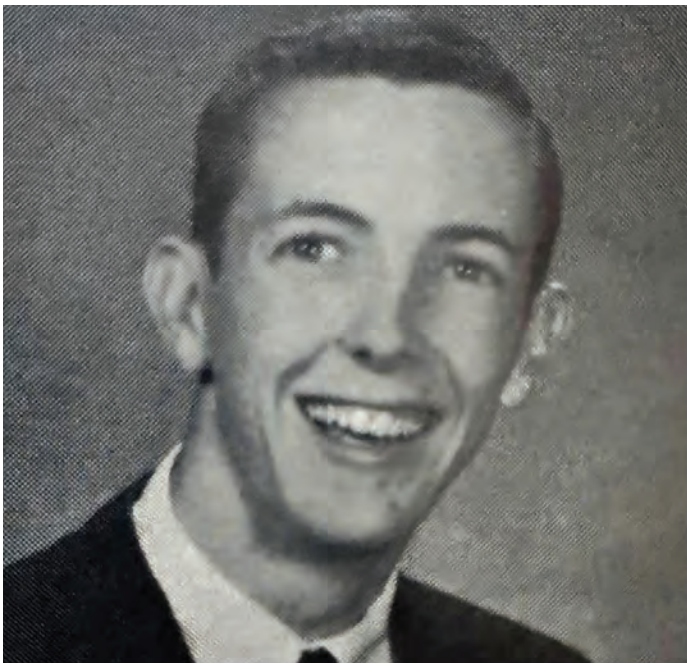


Jerry Henas was born and raised in Oakland, California. He attended Oakland High School, where as part of the men's social club, "The Ramblers"; he was outgoing and popular. He was also on the varsity swim team swim, class council, and welfare and safety committee. During high school, he worked af-



ter school, all four years, at a fine clothing store for young men. This is where he first developed his appreciation for men's clothing, which has continued on until this day.

After high school, Jerry attended San Francisco City College where he studied hotel and restaurant management. Jerry's first post-college college job was traveling the world as a flight attendant for Pan-Am Airlines. This was a time when full roasts were cooked in ovens on planes and carved seat-side. Jerry was then hired as the food services manager of operations for Cal State Hayward. This was a big job which he was very good at and carried out for a number





## resident article jerry henas

of years. In his free time, Jerry and his friends loved water skiing and snowskiing and driving around town in Jerry's Jensen Interceptor sports car.

After this first career in food service, Jerry had a second decades long career in medical sales, primarily calling on hospitals in the San Francisco Bay area. He sold surgical devices primarily for orthopedics and neurosurgery, and he spent many years in operating rooms, available to answer questions that surgeons might have about how to use these devices.

At a medical conference in Atlanta, GA. He met Patricia Halverson of Ventura, a nurse who was also attending the conference. They hit it off with each other and danced the night away. After a long distance courtship, they married and lived in Castro Valley, California. In marrying Patty, Jerry inherited his stepdaughter, Dana Halverson of Santa Barbara, her husband, Jay Winner and their twin sons, Sam and Zach Winner, and another long distance stepdaughter, Andrea Hernady of Rochester, New York and her children

(cont. from page 5)



Lindsay and Grant Hernady. Jerry, always very gregarious and possessing a terrific sense of humor, still maintains friendships with some of his high school and college friends. Jerry continues

to have a lifelong love of architecture. For decades, he enjoyed drafting architectural designs for fantasy homes in his ever present gridded notebooks. While living in the Bay Area, he designed and lived in several unusual homes, including a converted firehouse, a houseboat with a formal dining room and fireplace, and a historic Eichler home. When he moved from the Bay Area, to be closer to his grandsons, Sam and Zach, Jerry also designed and remodeled a home in Ojai California, where he lived for 20 years. Jerry loved living in the small town of Ojai where he knew many of the shop and restaurant owners and residents. He especially enjoyed looking out from his home at the Ojai mountains, waiting for the "pink moment," swimming in the pool with his grandchildren and eating sloppy joes and watermelon. Jerry is a kind hearted, beautiful person who sees the best in everyone. He loves animals, especially cats and dogs. He is eager to strike up a friendly conversation with friends and strangers alike. For many years, his catch phrase for the people he met was a friendly, "You have a nice day!" Jerry genuinely cares about people. With his warm and engaging personality and his kindness and compassion for others he is a light and blessing in this world.



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resident article jerry henas

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(cont. on page 8)



resident article jerry henas

(cont. from page 7)





**activity alley** bella garfias, activities manager interim

Hi Everyone,

Bella here. As many of you know, our dear Activities Director, Edgar Mohorko, passed away suddenly. Edgar brought so much joy, care, and energy into the community, and he will always be remembered with love here at Heritage House.

**In the meantime, I have stepped in to help oversee activities.** For those who may not know me, I worked at Heritage House back in 2019 in the role Sara has today. **Over the past couple of weeks, we've been working hard to carry on the wonderful activities Edgar created, while also trying to fill some very big shoes.**



With that, we are excited to **welcome Michael Jimenez to our team, to help support Activities.** Michael grew up here in Santa Barbara and has worked in healthcare since 2022. When

Michael joined Heritage House, he was drawn to the uplifting environment and supportive staff!

Outside of work, Michael enjoys staying active, playing piano, and exploring his interests in photography and videography. He also loves reading and has been a lifelong fan of video games. **He is fluent in both English and Spanish, and he looks forward to getting to know each of you through our activities.**

**As we move forward, you may notice some changes to the activities schedule in the coming months as we try new ideas and add fresh opportunities.** Not every activity will be perfect right

away or even a good fit for Heritage House, but our goal is to keep improving and to make each day more engaging, meaningful, and enjoyable for your loved ones.

Thank you all,

**Bella Garfias, Activities Manager Interim**





## september health news

sofia vasquez, cna, clinical director + tony warn, clinical care coordinator

August has been a challenging month personally for me as I have began dieting and working out trying to lose weight. I had a doctors appointment recently and my weight is now a major issue so



the goal is to lose weight to better my health so I will be working on that. Staff here has been a great support group encouraging me to do the workouts and eat healthier. Also, this month school has begun for the kids, so the morning routine to get all the kids to their respec-

tive schools. Four kids to four different schools is challenging but we got this figured out for the most part. September is now here and with it FOOTBALL season will finally begin. GO RAMS!!!!



Let us all have a healthy and wonderful September.

Thank you,

Tony Warn, Clinical Care Coordinator



## business blog

sara hernandez, business manager



This month we celebrated my son's 3rd birthday—not just one day, but a full three-day celebration! (Because really, when you're three, every day should be a party.) For the first time, I decided to embark on the daring adventure of baking him a birthday cake myself. Let's just say it came out baked with more love than perfection, but luckily toddlers are more focused on frosting than presentation.



He had a wonderful time surrounded by family and friends, and his favorite gift of all was a Spider-Man ac-



tion figure. He loves it so much that Spider-Man has now become his new roommate—he eats with him, plays with him, and even sleeps with him. I'm beginning to wonder if I should be making a tiny bed for Spidey too.

Here at Heritage House, I've also been celebrating in my own way by joining in on new activities. A special thanks to Aylin for covering the front desk on Tuesday and Thursday afternoons so I can join in the fun. We recently had a casino night (don't worry, no one lost their shirt—just a few poker chips) and UNO, which always brings out everyone's competitive side. Coming up, I'm excited to help start a crochet club.

Speaking of crochet—if anyone has tips or tricks to share, please send them my way! Right now, I'm aiming for "scarf" but may end up with "mystery yarn blob." Either way, I'm looking forward to learning and laughing along the way.

Warmly,

Sara Hernandez, Business Manager



## facility facts

ernesto guerrero, facilities and transp. manager



September has rolled in, I've been trying to spend more time outdoors, soaking up the sun and the beauty around Santa

Barbara. One of the spots I recently visited has been the **Rose Garden**, it has a peaceful atmosphere which makes it easy to slow down and relax for a bit. There's something grounding about stepping away from the daily rush and simply enjoying the moment.



Of course, to complete a good weekend spending time with family. I've been chasing my nephews and niece around the park and BBQing on the weekends. These little moments remind me of the importance of simple yet important things in life like time for loved ones and for ourselves. Lately I've been cooking more outside one because it gets really hot inside our studio/apartment when we cook and they seem to enjoy my food. I've made some hibachi style dinner and they all seemed to have enjoyed it.

I'm looking forward to finding more ways to savor the outdoors, stay present, and make memories with the people who surround us every day. Here's to embracing the change of seasons and all the excitement it brings. Don't forget to stay cool and stay hydrated!

Thank you,

Ernesto Guerrero, Facilities & Transportation Manager





## bill's grill

bill mcgeeever



Time is passing by pretty quickly. We are already into the 9th month of the year. Hard to believe.

Julie and I had a chance to go up to Sea Ranch for her birthday. Sea Ranch rarely disappoints and it did not this time around. Everyone got a lot of exercise and ate well.

The last week of August was really busy. Sara and I had the run of HH while Morgan was out on medical leave and Alejandra took her family to Kauai. On top of them being out of town, there was the annual fire inspection on Tuesday, the periodic HUD inspection on Thursday and Bills Grill on Friday.

The timing of ending this week with a 3-day weekend was perfect.

Bills Grill and the 4:05 Cocktail Hour will be on Friday, Sept. 19th, so put that date into your calendar.

Here's our menu:

Dry Rubbed Cornish Game Hens

Grilled Green Beans

Mashed Potatoes

Apricot Tarts



See you here,

Bill





## dining delights

odin macias, dining services manager

Hello everybody!

Another summer has come and gone. This summer I had the pleasure of hosting some family members that came to visit from Mexico City. My cousins came to visit and I took them to Los Angeles for a guided tour of the Warner Brother Studios. It was a very pleasant tour. We got to see where they film different popular shows, one of them being the show, Friends. Also, we saw some items from dif-



ferent movies like **Batman**, **Wonder Woman** and **Harry Potter** just to name a few. We had a wonderful time and my cousins did as well. And we could



not leave Warner Brother Studios without recognizing someone, And this year 2025, the recipient of the Oscar for Best Actor in a family drama goes to...

To end the day,



we ended up at a Cuban Bakery named Porto's, in Burbank and purchased a lot of very tasty pastries.

Thank you,

**Odin Macias, Dining Services Manager**



## important dates

## 405 Cocktail Hour- Every Friday

Bill's Grill Sept. 19

## September Birthdays

## Residents

Olga Sagardia (Jessie)	Sept.	01
Kathryn Crosby	Sept.	02
Bob Cibull	Sept.	04
Charles Pulcrano	Sept.	15
Jack Dillon	Sept.	30

## Employees

Iliana Medina	Sept.	13
Josue Diaz	Sept.	19
Ernesto Guerrero	Sept.	28
Ricardo Layva	Sept.	28

**Alejandra Nunez**  
Executive Director

tel 805.967.2661  
dir 805.879.5904  
fax 805.681.9753  
anunez@heritagehousesb.com

**Sofia Vasquez, cna**  
Clinical Director

dir 805.879.5960  
cell 805.252.2895  
fax 805.681.9753  
svasquez@heritagehousesb.com

**Bella Garfias**  
Activities Manager Interim

tel 805.967.2661  
fax 805.681.9753  
bella@heritagehousesb.com

**Odin Macias**  
Dining Services Manager

† 805.879.5900  
f 805.681.9753  
odin@heritagehousesb.com

**Sara Hernandez**  
Business Manager

† 805.967.2661  
f 805.681.9753  
reception@heritagehousesb.com

**Bill McGeever**  
Jefe

† 805.879.5902  
c 805.452.9813  
f 805.681.9753  
business@heritagehousesb.com

**Morgan E. Randall**  
Operations Director

tel 805.967.2661  
dir 805.879.5902  
fax 805.681.9753  
morgan@heritagehousesb.com

**Tony Warn**  
Clinical Care Coordinator

† 805.967.2661  
c 805.320.1879  
f 805.681.9753  
awarn@heritagehousesb.com

**Ernesto Guerrero**  
Facilities & Transp. Manager

† 805.967.2661  
c 805.570.3378  
f 805.681.9753  
eguerrero@heritagehousesb.com

**Patrice Gaetano**  
Reception/Activities

† 805.967.2661  
f 805.681.9753  
pgaetano@heritagehousesb.com

## HERITAGE HOUSE

An assisted living community

5200 Hollister Avenue  
Santa Barbara, CA 93111

RCFE License #425800777



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