



THE HONEY BEE

NEWS AT HERITAGE HOUSE

DECEMBER 2025 WWW.HERITAGEHOUSES.B.COM

HAPPY HOLIDAYS!



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happenings

I'd like to begin by expressing a heartfelt **THANK YOU** to everyone who joined us for our **2025 Thanksgiving celebration**. It was wonderful to see our community come together and share meaningful moments with loved ones. Memories we will hold onto for years to come.

I also want to extend a tremendous **THANK YOU** to our entire **Heritage House team**. From our caregivers for the extra love of getting our residents ready, our facilities staff who worked tirelessly to ensure everything was spotless, and to our activities and administrative teams who coordinated every detail. Your efforts made the day seamless. Lastly, a **special shout-out** goes to **Chef Odin and his talented dining and kitchen team** to prepare an incredible meal and delivering exceptional service.



As we close out our wonderful Thanksgiving celebration, I'm thrilled to announce a special surprise for our residents and their families this holiday season. For the past two years, my family and I have visited the **Christmas Market in Cambria**, and each visit has been truly magical. It inspired us to imagine how much joy a similar experience could bring to our residents.



That's when we decided to create something special here at **Heritage House—a Christmas Market of our own**. After brainstorming together, we developed a plan to bring that festive charm right to our community. It may not be the Cambria market, but I have no doubt that our version will be filled with its own unique magic.

(cont. on page 2)

happenings (cont. from front cover)

Our Christmas Market will feature live entertainment and have our own employees acting as vendors serving their tasty homemade dishes and delightful, sweet treats. Every food purchase made will go directly to the employees taking part in the market. If you'd like to support them, you are invited to purchase tickets at the front desks, each ticket you buy will be redeemable from any of the food vendors stands. See the front desk for details.

Our Heritage House Christmas Market will be from 4:05 PM – 6:30 PM on Friday, December 19th. The Market will start with our signature cocktail, but if you want to see the lights in their prime, come visit between 5 PM - 6:30 PM.



Food items to expect at our Christmas Market include tamales, pozole, enchiladas, arroz con leche, buñuelos, ponche, and much more. There will be plenty of delicious options to enjoy. The dining room will remain open to serve our residents their scheduled dinner; however, if they prefer, they are welcome to join the Christmas Market and purchase food from our vendors.

We hope to see you there. Wishing you a wonderful holiday season!

From my family to yours,

Alejandra Nunez, Executive Director

A warm Heritage House welcome to our new Resident, **June Taylor**



happy
holidays

happenings

(cont. from page 2)

December Events/Announcements:

Celebration of Life:

For our beloved, Rev. Edgar Mohorko
December 4th at 2:00 PM
Heritage House - Hope Ranch Garden
Please call Sara to RSVP.



Bill's Grill:

Join Bill's Grill this month on
December 12th at 5:00 PM
Please call Sara to RSVP.



HERITAGE HOUSE
HOLIDAY MARKET
FRIDAY, DECEMBER 19TH
4:05 PM – 6:30 PM



resident article janet rajala



Aloha from Janet!

Janet was born and raised on the windward-side of Oahu, Hawaii (1942). Her spirit reflects the islands' vibrant culture and aloha spirit.

Janet's journey began in Hawaii, where she was born with her twin brother and raised on the windward-side of Oahu Hawaii (1942). In 1960, she embarked on a new adventure to attend Arizona State University. There, she met her husband Orlin, and together they built a life, raising their children in the sunshine of Sunset Hills, CA and Kihei Maui. After their divorce in 1981, Janet returned to the Thousand Oaks area where she embarked on a fulfilling career as a workers' compensation claims manager.

Although her career path shifted from social work to claims management, Janet's passion for helping others remained constant. Now, in her retirement, she continues to connect with those around her, cherishing time with family and friends. When it comes to entertainment, Janet's heart beats to the rhythm of Hawaiian music. She can even impress you by pronouncing the tongue-twisting name of the Hawaiian state fish, humuhumunukunukuapuaa!



Beyond her love for music, Janet enjoys the vibrant life at Heritage House. She particularly enjoys the live performances and scenic drives.

(cont. on page 5)

resident article janet rajala

(cont. from page 4)



So, if you see Janet around Heritage House, be sure to stop and say hello! You might just learn a new Hawaiian phrase or two, and you're guaranteed to encounter a spirit as bright and welcoming as the islands themselves.



activity alley bella garfias, activities manager interim + **michael jimenez**, activities coordinator



Hello Everyone,

I am excited to share a perspective from the floor and give you a glimpse into the activities we've been enjoying together. It has truly been joyful spending time with your loved ones—whether through **Bingo**, creating **"Grateful Trees,"** carving pumpkins for Halloween, or preparing for the upcoming holiday season with gingerbread houses and other festive projects.



As I continue to grow in this role, I've been able to introduce more active and engaging programs, such as volleyball using pool noodle sticks and balloons with a net, which provides a fun and accessible way to play. **We also recently worked on colorful turkey art using crepe paper, a project that challenged residents to crumble and place the paper to create a textured, 3D effect.** Several of these beautiful pieces are now proudly displayed on our bulletin boards. My goal is to continue bringing innovative and enjoyable activities that make each day meaningful and help residents feel connected and engaged.



In addition to leading activities with our team, I am also coordinating performers and volunteers. Just last Wednesday, **residents had the opportunity to experience Virtual Reality, traveling through China from the comfort of their chairs.** Every week, Rosalina joins us for "Sit and Fit," which we call Jazzer-cise. She brings music from Elvis, the Beatles, and many more favorites, turning exercise into a lively chair-based dance party. Looking ahead, I plan to invite more performers who will keep residents active and entertained, and we are exploring opportunities for pet therapy, which I know will bring joy and comfort to many.

On a personal note, I am thrilled to share that I recently welcomed my son, Eli Jacob Jimenez, into the world on September 27 at 5:00 a.m.

(Cont. on page 7)

activity alley bella garfias, activities manager interim + **michael jimenez**, activities coordinator

(cont. from page 6)

He weighed 8 pounds and measured 21 inches long. Becoming a father has been a wonderful blessing, and I am grateful that Eli is growing well and meeting all his newborn milestones. Below is a photo of him so you can share in the joy and cuteness that has filled my life.



As many of you may know—or may not—I recently joined the Heritage House team. **I want to thank everyone for the warm welcome** I've received since arriving. My coworkers have been incredibly supportive, **especially Bella, who has helped make this transition into the role of Activities Coordinator such a positive experience.**

I also want to thank all of you who joined us for our recent Thanksgiving event. It was a wonderful cele-



bration, and I was delighted to meet many of you in person.

If anyone would like to contact me and schedule a performance or volunteering opportunity—such as Frank's daughter, who joins us on the third Saturday of each month to do flower arrangements with our residents—**please reach out to me at activities@heritagehousesb.com** If there is an activity you'd like to see or any questions at all regarding our programs, please let me know and I will get back to you as soon as I can.

Warm regards,

Michael Jimenez, Activities Coordinator

(Cont. on page 8)

activity alley bella garfias, activities manager interim + michael jimenez, activities coordinator

(cont. from page 7)



december health news

sofia vasquez, cna, clinical director + tony warn, clinical care coordinator

With the holiday season in full effect, we say good-bye to Thanksgiving and hello to Christmas and New Year's. November came and went and now we have hit the final stretch of the year. **November brought us a lovely Thanksgiving celebration here at HH with many loving family members coming to spend the day with their loved ones.** This year I spent my Thanksgiving with my kiddos at my dad's house.



This last month has been an adjustment month for me in my personal life for the few of you that are not aware I am going through a divorce so it will be noticeable in terms of my pictures moving forward as it will now only have my daughter and my son for the most part. Now moving forward into December we hit the jolly time of the year with Christmas right at our doorsteps. **I sure hope we all have a wonderful Christmas and New Years. In a blink of an eye it will be 2026.** I need to start ramping up my Christmas shopping for the kiddos and fast. Let us have a wonderful healthy December filled with love and happiness.

Thank you,

Tony Warn, Clinical Care Coordinator



business blog

sara hernandez, business manager



Where did the year go? It feels like we were just here only a few months ago! Is everyone ready for the new year? I know I am... NOT!

As 2025 comes to an end, I find myself reflecting on all the moments, laughter, and memories we've shared here at The House. Each month brought something special, and it's all thanks to our wonderful residents who make Heritage House the fun, loving place it is today. I am so thankful to be a part of this community!

Speaking of community, we had an incredible turnout at this year's Thanksgiving event! I hope everyone enjoyed the company and the delicious food prepared by our fine dining team as much as I did!

I will be sharing more Thanksgiving photos so you all can look back at those memories made and keep them for years to come.

As we head into the new year, I wish each and every one of you a wonderful holiday season and a happy, blessed year to come.

Warmly,

Sara Hernandez,
Business Manager



facility facts

ernesto guerrero, facilities and transp. manager

CAN YOU BELIEVE IT? THE FINAL MONTH OF THE YEAR IS HERE! HAPPY HOLIDAYS TO EVERYONE!



I honestly can't believe we're already in the last month of the year. This year flew by so fast it feels surreal at times, it's like you blinked and suddenly it was December. Between work, life, and everything in between, it really feels like time has been moving nonstop.

One of the best moments lately was going to the Rams vs Seahawks game. I had a great time. The energy at SoFi was amazing and the Rams pulled off the win which made it even better. And I've gotta admit... I was surprised the asada fries were actually good. Stadium food is usually pretty questionable but those fries were definitely a win.

Now that December is here it also means flu season is in full swing. So just a reminder to everyone: stay healthy. Wash your hands often, stay hydrated, and make sure you're up to date on your flu shot or any vaccines you need. It's worth the shot! :) This is the time of year when sometimes people start getting sick, especially with all the holiday gatherings coming up. We don't want you to miss out the fun for the holidays we are planning for you. Stay warm, stay healthy, and take care! We appreciate you!

Thank you,

Ernesto Guerrero, Facilities & Transportation Manager



operations news

morgan e. randall, operations director

SEASONS GREETINGS

As the end of 2025 approaches, I would like to take a moment to express my gratitude and share some of the most memorable moments from this past year. **I want to acknowledge and thank the Facilities team;** Heritage House would not be the same without these incredible individuals. Most of them work behind the scenes, ensuring your loved ones' units, along with the entirety of the facility, including restrooms, communal areas, windows, and much more, are clean, comfortable, and safe. A couple of them transport your loved ones to and from important medical appointments regularly. They do it all! They rarely call out, if ever, and always come to work with a smile on their face (yes, you can see it beaming behind their masks!). Some of the Facilities Team members have been at Heritage House for over fifteen years. **They are all amazing, hardworking individuals, and I am extremely grateful to have them on my team here at The House.**



Ernesto (since 2007) and Patricia (since 2018)

Angelica (since 2009)



Our 2025 events captured truly memorable moments; they were incredible. From Easter to Thanksgiving, Weddings, and Vow Renewals, in 2025, we celebrated and filled the House with cheer, comfort, love, and joy! **Every day is magical here at Heritage House! I am humbled and thankful to be a part of creating these extra-special moments with everyone.**

On another note, I wanted to take a moment to honor and remember an amazing man who we lost suddenly this year. **Reverend Edgar Mohorko, Sr.,** a dear friend, mentor, husband, father,



and much more. He is profoundly missed.

And off we go into 2026...

Warmly,
Morgan E. Randall, Operations Director

bill's grill

bill mcgeeever

Boy, did we luck out!!!! The day of our Thanksgiving celebration here turned out to be sunny and warm, 71 degrees. Given that we had received +11" of rain earlier in the week, we felt extremely fortunate.



All told, we had over 60 guests who came to share time, laughter, conversation and food with their parents/grandparents. It continues to amaze me, after over twenty years, that this gathering is so satisfying to everyone who is in attendance, whether they are employees, residents or resident family members. **We all had a good time.**

Behind the scenes, **Odin and his crew** spent the week prepping the cheese boards, soup, entrée

and dessert. He put in a lot of his imagination along with his heart to make this happen, so my hats off to him.

Alejandra, Bella, Sara and the activity crew put together the tables, floral displays and the entry/photo display. All of it was well thought out and looked beautiful. Julie and I were both impressed with their enthusiasm and their product.

The dining staff with the support of activities and facility staff kept the tables served, watered and cleaned up.

Our thanks go out to everyone and we are looking forward to our next event.

We will be having the 4:05 Cocktail Hour and Bills Grill on Friday, December 12th, so here is our menu:



Grilled Homemade Bratwurst
German Potato Salad
Sweet & Sour Red Cabbage
Rote Grutze



(This is a light, Northern German dessert made from a mix of red berries and served with cream or vanilla sauce)

I'll be looking forward to seeing you all here,
Bill

(Cont. on page 14)

bill's grill
bill mcgeever

(cont. from page 13)



dining delights

odin macias, dining services manager

Hello everyone, November is the month of the year where we focus on giving thanks to those around us and we give thanks for our blessings.

So without further due, I want to thank my team and activities team for all their effort so that we could have a very successful Thanksgiving luncheon.

One of my favorite activities is our **cooking class with the residents**. I hope the residents enjoy the results from our cooking class as much as I do. I am very grateful for my team.

Thank you,

Odin Macias, Dining Services Manager



important dates

405 Cocktail Hour- Every Friday

Bill's Grill Dec. 12

December Birthdays

Residents

Carolyn Wiseman	Dec.	10
Dorothy Gemmet	Dec.	20
June Taylor	Dec.	22

Employees

Beatriz Santana	Dec.	03
Edgar Mohorko RIP	Dec.	04
Berenice Manzanarez	Dec.	04
Michael Jimenez	Dec.	19

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